

Health and Housing

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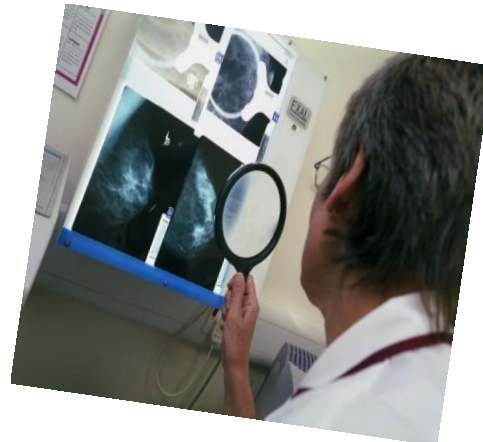


Public Health – what we do

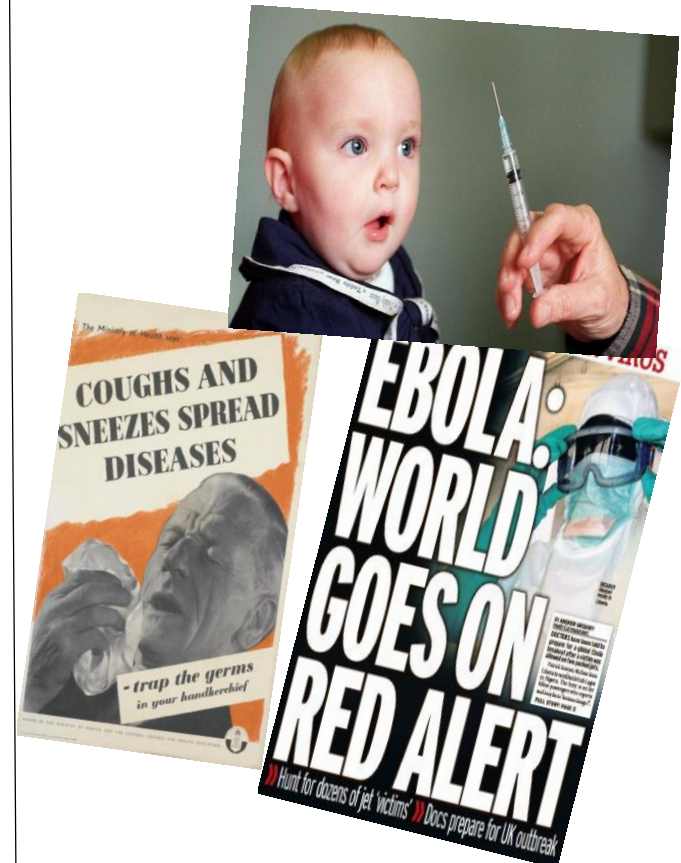
Health Improvement



Improving Services



Health Protection

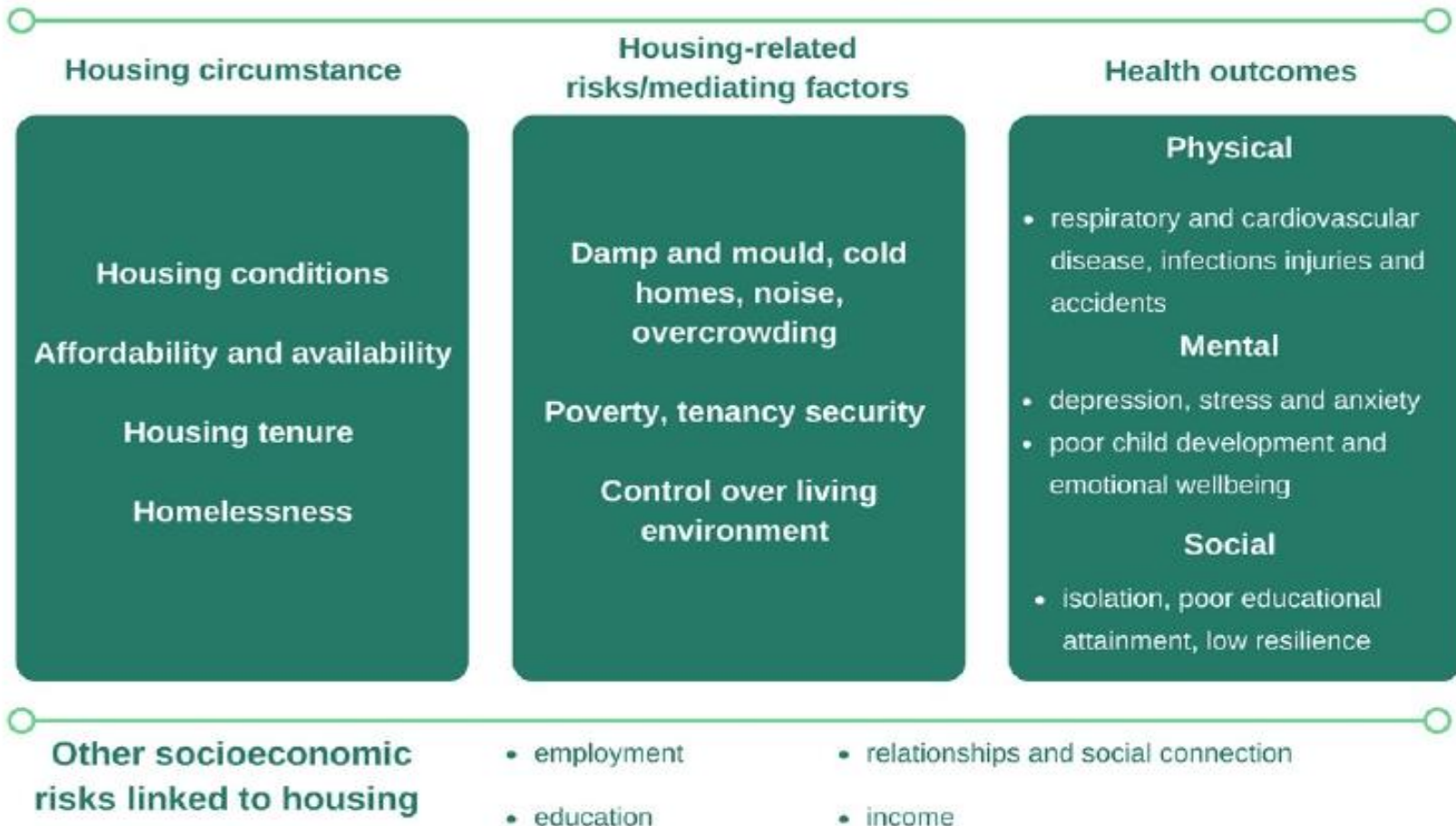


What influences the Public Health?



Links between housing and health

- Groups at risk of housing need**
- very old
 - very young
 - existing health problems
 - substance misusers
 - socially deprived/low income families
 - certain minority ethnic groups
 - people who were previously in the armed forces, in care, or in prison



What can you do to support your tenants?

Hackney SHINE

- **Energy advice and affordable warmth**
- Assess tenant for referrals to various advice and support services
- <https://www.hackney.gov.uk/shine>



Hackney Money Smart

- Support with budgeting and managing money
- <http://www.eastendcab.org.uk/hackney-money-smart/>

What can you do to support your tenants?

5 to thrive – for positive mental wellbeing

<http://fivetothrive.net/>



HOME / CONNECT / BE ACTIVE / TAKE NOTICE / KEEP LEARNING / GIVE / EVENTS



Five simple steps that can have a huge impact on your mental health and wellbeing

Any questions?

Contact me: Rebecca.Smith@hackney.gov.uk

