Local Account Factsheet 2014-15

Preparing for Adulthood
Preparing for adulthood in Hackney

The word ‘transition’ describes the process young people go through when they move into adulthood. This is a time when most young people develop their independence, leave school, move into further education, employment or training or even leave home.

For some disabled young people, access to appropriate information may be enough to help them reach their goals. Some young people, however, need additional support from a range of services to help them to reach their full potential.

The primary focus of preparing for adulthood work is to ensure that there is an appropriate range of life promoting opportunities to support young people in the community of their choice.

The services that we provide

Adult Social Care works with the young person, their families, children’s social care, health services and schools to develop a process for agreeing joint plans that are beneficial to the young person moving into adulthood.

The plan provides important information about the young person as an individual; what people like about them; what matters to them and how they like to be supported.

Young people with eligible needs, receive information and advice about available support options including:

- Direct payments
- Short breaks
- Family support services
- Equipment, aids and adaptations
- Other services provided by the social care teams

Putting the young person at the centre of this process is crucial.

Young people and their parents are recognised as partners in the process and are involved in making all decisions. In addition, the transitions team will work with education, health and adult social care services to co-ordinate support for young disabled people as they prepare for adulthood. This group of people will work to produce the joint Education and Health Care Plans (EHCP) which gives a clearer indication of the young person’s needs.
In 2014-2015 we have used the Education and Health Care Plans to reflect on how service provision meets outcomes particularly around employment.

The London Borough of Hackney recognises that early planning when preparing for adulthood is really important therefore children, adults, education and health colleagues now have accurate information showing all of the young people who might be eligible for services. This helps us when planning the support that a young person might require going into adulthood, but this also gives us information which might help the council when they are making plans for the future and commissioning services, to ensure the young person receives the support that they need.

To improve accessibility to employment placements and opportunities, a focused piece of work has been undertaken with a specific group of young people in accessing internships and apprenticeships as well as work experience.

In addition, the London Borough of Hackney will be using additional Internship Funding to develop pathways for young people through Hackney Community College to help them to work towards achieving sustainable outcomes.
Our achievements in 2014 – 15 and our plans for 2015 – 16

Below we have summarised what we achieved for disabled young people preparing for adulthood in 2014-15 and what we plan to do in 2015-16 and beyond

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<tr>
<th>We said we would:</th>
<th>What we did:</th>
<th>What we will do:</th>
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<tbody>
<tr>
<td>➢ Provide services that help young disabled people</td>
<td>☑ Children and Adult Social Care worked together to find solutions to</td>
<td>☑ Work with adult service providers to enable support and intervention to be</td>
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<td>achieve a fulfilling adult life</td>
<td>resolve issues in planning for the introduction of Education and Health Care</td>
<td>delivered earlier to allow for transitional support</td>
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<td>Plans</td>
<td>☑ We meet quarterly with Children and Adult Social Care services to enable</td>
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<td>us to discuss and plan a young person’s transition to adulthood as early as</td>
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<td>possible to ensure continuity of care and continue to develop the service</td>
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<td>☑ We have a preparation for adulthood group which attends monthly panels</td>
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|                                                        |                                                                              | which is attended by Young Hackney, the National Health Service representatives,
|                                                        |                                                                              | Children and Adult Social Care services and the                             |
|                                                        |                                                                              |                                                                                 |
Department of Work and Pensions

- We will hold these meetings within schools to allow young people transitioning into adulthood a chance to contribute to discussions.

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<tr>
<td>➢ Services that help young disabled people to become more confident and independent</td>
<td>✓ We have organised ‘Able to Travel’ days run by Transport for London, the Police, the National Health Service, schools for 16+ and Adult Social Care services to increase the confidence of young disabled people when travelling on public transport</td>
<td>✓ Set up training flats where young adults can learn the skills they need to live independently</td>
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<td>✓ The training flats will offer a supportive place where young people can learn and develop their skills before taking up longer term tenancies independently</td>
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<td>Help young disabled people to fulfil their potential, attend college and find employment opportunities</td>
<td>✓ We have used the Education and Health Care Plans to reflect on how service provision meets outcomes particularly around employment</td>
<td>✓ We will be forming a Task and Finish’ group in September 2015 to explore options for developing other ways of supporting young people into work</td>
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<td>✓ The post 16 work told us that we need to support young people into work in ways other than work experience e.g. apprenticeships, internships and developing pathways for young people through Hackney Community College to help them achieve sustainable outcomes that interest and meet their needs</td>
<td>✓ The target for 2015-2016 is to identify appropriate opportunities for 30 - 40 young people to support them into work</td>
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<td>Give young disabled people opportunities to socialise, make friends and stay healthy</td>
<td>✓ Set up an internet drop-in session in Dalston for young people to meet, use the internet</td>
<td>✓ Ickburgh School will provide the venue for the hosting of a disco for the 15-25 age group to improve opportunities for</td>
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<td>and develop IT skills</td>
<td>individuals with a learning disability people to socialise. We have planned for the first event to take place in July 2015.</td>
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<td>✓ Helped young people with disabilities to develop and maintain healthy lifestyles through the ‘Pedal Power’ cycling club and the ‘Reach’ weight management group</td>
<td>✓ The Clinical Commissioning Group (CCG) is reviewing Health Transition services to ensure that there is clear access to health provision that young people are aware of</td>
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<td>✓ Supported people in their college placements through a ‘Making Friends’ class at Hackney College</td>
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<td>A new Local Offer to help parents and young people</td>
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We have worked with colleagues in health and in Children’s Social Care as well as with parent carers and young people to develop a new ‘Local Offer’ for those at the point of transition. This is intended to help parents and young people understand what help and support is available, what the choices are and what to expect at this point in their lives.

The Local Offer sets out information about services available for children and young people with special educational needs and disabilities, aged 0 to 25, including education, health, leisure and social care. It is part of the new Special Educational Needs (SEND) Code of Practice which requires local authorities to put information on all services in one place; and also to involve children, young people, parents and carers in the development of this information.
When deciding how to present this information, the views of children and young people with SEND, as well as their parents and carers were important.

We developed a dedicated website
http://www.hackneylocaloffer.co.uk/kb5/hackney/localoffer/advice.page?id=qzgJVTm90go which we wanted to be relevant to our intended audience of children, young people and their parents and carers.

A group of carers, young people and staff worked together to design the current website and this group will be used to support the further development of the Local Offer as required.

To ensure service users, parents and carers views are heard about the Hackney Council’s services they use, people are invited to register on the site and give feedback about what they think of the services they have received.

This feedback will be gathered, (in addition to going out to meet groups of children and adults) and will be passed to the relevant service managers.

The responses of service managers to comments submitted will be published on the Local Offer website at least twice a year.
Contact us

To contact Adult Social Care to get help or find out more about the services available:

Visit: http://www.hackney.gov.uk/disabled-childrens-service

Write to:
Disabled Children’s Service
Technology and Learning Centre
1 Reading Lane
E8 1GQ

Tel: 020 8356 6789 / 020 8356 4865
Email: info@hackney.gov.uk

Write to:
Information and Assessment
Hackney Service Centre
1 Hillman Street
E8 1DY

Tel: 020 8356 6262
Email: access@hackney.gov.uk

Other useful links

Hackney Local Offer - The Local Offer sets out information about services available for children and young people with SEN and disabilities, aged 0 to 25.
Hackney iCare – A resource that provides information and advice about the existing adult social care, health and cultural and wellbeing services across the borough that are provided by statutory, voluntary and private sector providers.

www.hackneyicare.org

Hackney Learning Disabilities Service

www.hackney.gov.uk/learning-disabilities-service

Hackney Learning Trust -

www.learningtrust.co.uk/special_needs

Tel: 020 8820 7000

Transition Services at Hackney Ark - A centre for children and young people with disability and special educational needs. It brings together services from across the fields of health, education and social care to provide an integrated response to the needs of disabled children and their families. There is a wide range of therapists and support available at Hackney Ark by referral.

www.hackney.gov.uk/disabled-childrens-service

http://www.homerton.nhs.uk/our-services/services-a-z/c/childrens-services-in-the-community/hackney-ark

Tel: 020 7014 7000

If you would like to receive a printed copy of a fact sheet or one in another language or alternative format, please call 020 8356 6982