How well do we help people with learning difficulties?

Local Account of Adult Social Care 2012-13
This report is about services for people with learning difficulties in Hackney

This report tells you what the Council did well last year (2012-13)

This report tells you what the Council can do better

This report tells you about our plans

This report also tells you about how we support young adults with learning difficulties
Endlee’s story about learning to be more independent

Endlee lived in a care home where care workers did a lot for him

Endlee moved into a training flat in Hackney to learn independent living skills

He learned how to clean his flat and wash his clothes

He learned how to cook healthy meals

He joined the gym, went swimming and started walking every day
Endlee went on Able to Travel training and now travels on his own to visit friends.

He now travels on his own to get a hair cut at his favourite barber’s shop.

Endlee bid for a flat through the Hackney Council’s Choice Based letting scheme.

He has now moved into a new flat and is very happy he doesn’t have to share with other people.

Last year we supported 8 people with learning difficulties to move out of care homes into their own home.
How much do we spend on people with learning difficulties in Hackney?

The Council spent **£19.2 million** on people with learning difficulties last year.

We spent **£6.7 million** on 136 people looked after in care homes.

We spent on **£6.5 million** on supported housing schemes for 176 people who have their own tenancy but get help with daily living.

We spent **£1.5 million** on helping 117 people with daily living at home.

We also spent **£3.9 million** on day care for 191 people.
Out and about

People with learning difficulties told us they want to feel safe when they are out and about in Hackney

We trained 80 people with learning difficulties to use buses and other transport to help them feel safer going out and about

15 more people than last year took part in Able to Travel training

We want even more people to feel safe and confident when they are out and about

Next year the HOT team plans to offer Able to Travel training to another 100 people
People with learning difficulties told us they wanted help to become more independent

Last year Hackney One Team (HOT) helped 30 people with learning difficulties find paid work

The HOT team helped 15 people with learning difficulties find work experience

The HOT team helped 60 people with learning difficulties volunteer and attend college courses

338 people with learning difficulties in Hackney now control their care with an individual budget
People with learning difficulties told us they wanted more Easy Read information.

Last year we created a new Easy Read booklet called **Supporting your needs**. This booklet tells you about how we assess your needs.

We produced an Easy Read leaflet called **How we decide the cost of your support**. This tells you how we decide your funding.

We produced an Easy Read leaflet called **Direct Payments in Hackney**. This leaflet tells you how you can control your care money and choose your own support.

We produced an Easy Read **Adult Social Care Appeal form**. This form is for people who are not what happy with what the Council has decided about their care plan.
How do I get this new easy read information?

Go online to the Hackney Council website and print off the Easy Read booklets or ask a friend or carer to print off Easy Read leaflets for you.

Call the Council on 020 8356 7400 and ask them to send you the Easy Read leaflets.

Ask your social worker to give you the Easy Read leaflets when they assess your needs.

If you need the information on a CD, audio tape or in Braille call the Learning Disabilities team on 020 8356 7400.
What we are doing next year

We will make sure people with moderate needs get help to be independent

We will help people find activities they like and that keep them fit and healthy

We will make sure people can get advice to manage their money and housing

We will make sure people get help to take their medication and attend hospital and GP appointments

We will help people find activities they like and that keep them fit and healthy

We will help people with learning difficulties to volunteer or befriend other people
Changes to Day Services

Last year we looked closely at our day services including Trowbridge day centre.

Fewer people attend Trowbridge day centre as the HOT team develops more options in the community.

People in day centres told us they wanted a bigger choice of day activities.

More people are using direct payments to organise and choose their care.

Our plans for day services in Hackney are explained on the next page.
Day services will change over the next 3 years

In 2016 we will merge Hackney’s 4 day centres to make 1 new, modern centre.

The new centre will be for people who need the most help.

People who need less help will no longer need to attend the new centre.

People with more moderate needs will choose from new and exciting activities in the community.

We will help people with learning difficulties to volunteer or befriend other people.
Help for young people with learning difficulties

Young adults with learning difficulties in Hackney tell us they want to live full and rewarding adult lives

Young people want support to become confident and independent

Young people tell us they want more say in planning their future

They want to go to college, work and do the best they can

They want to make friends, have fun and stay healthy
Last year we helped 15 young people who needed lots of help to move to adult care services.

The Transition team helped 26 young people with moderate needs to make personal plans.

Hackney One Team supported 15 young adults in work placements with quality employers like the V&A Museum, the Museum of Childhood & John Lewis.

The Transition team trained 8 young disabled people to mentor and support other young people.

11 young people felt more confident after going to the Transition team’s self defence group.
Last year the Transition team set up Youth Squad at Hackney Ark to give young adults a bigger say on services.

The Youth Squad helped to put on a club night for 62 young people at Forest Road Youth Hub with Young Hackney and The Key.

The Transition team funded a 2 week summer scheme in partnership with Hackney Community College.

The Transition team ran workshops on health, relationships and travel.

15 autistic young people joined the Transition team’s cinema club.
What we and our partners plan to do for young adults

The Council will write a ‘local offer’ listing all services for young people with learning difficulties aged up to 25

We will use person centred planning for young people moving from children’s services to adult social care services

We will support young adults to move from work experience to find paid work

The Transition team will run popular clubs like Fit4Life (in partnership with The Key) and Summer Fit Fun

The Transition Team and Young Hackney will run a weekly social club called The Young Ones for young people
Speaking Up - Advocacy and Self Advocacy

You can have your say about services for people with learning difficulties at Hackney’s self advocacy forum run by POhWER – call 0300 456 2361

You can also have your say at the Big Do event which happens in Hackney once every year
Contact us for more information about services for people with learning difficulties in Hackney

Call:
020 8356 7400

Write to:
Learning Disabilities Service
Hackney Service Centre
1 Hillman Street,
London E8 1DY

The Transition team is based at Hackney Ark

The Transition team works with disabled young people aged 14-19 who are preparing for adulthood. Call: 020 7014 7176